

No More White Walls

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Monday, 25 August 2008

Why live colorless? One of my goals as an image consultant is to bring new and exciting colors that flatter you into every aspect of your life. I do this by conducting a custom-color analysis that's based on your hair, skin and eyes. This results in a personalized color palette that flatters you and is life enhancing if used correctly. Because some of you are often "color confused" regarding everything from your wardrobe to your hair color to the interior of your home, I recommend that you rely on your personalized color palette to "add color to your life."

Many of you might not know what colors flatter you the best and what colors to surround yourself with in your home. Just visit any paint store and you'll see people agonizing over what colors to choose for their walls. I too had this anxiety until I had a custom-color analysis done by my color coaches Cynthia Skari of Color Quest and Debra Lindquist of Color Profiles — color-by-color, paddle by paddle were held up against my face until the most flattering colors were chosen. The two color palettes differ from each other slightly but they're both incredible, nonetheless! I rely on my personalized color palettes for everything from my wardrobe choices to the colors in my home.

No seasonal color analysis for me! Color systems that are based on the seasons such as summer, winter, fall and autumn are passé and faulty from their inception. Placing the entire population into 4, 8 or even 12 color categories does not create an accurate picture of the best colors for you. If you've had your colors done using a seasonal color analysis system, I recommend that you consult with a certified image professional who does custom-color analysis for your personalized color palette.

Having lived with white walls for too long, I decided that I could no longer live colorless — I needed to add color to my life! But I needed to add just the right colors to create the look and feel that flattered me the best. As an image consultant, color is the basis for everything and mediocre is not acceptable. It's my goal to achieve the best look for each individual including myself.

Not knowing exactly what to do in the interior of my new town home, I contacted a Feng Shui consultant. Based on my birthday chart, she made color suggestions for each room. Because I know something about Feng Shui, her suggestions made sense for me so I decided to rely on her expertise. I followed her advice to a "T" while I used my personalized color palettes as my guide.

I referred to my color palettes for just the right shade of each color. Then I matched the colors to the paint chips from the paint store. The result is a home that reflects my personality and tastes while supporting my goals in each area of my life. While my home remains a work in progress, I feel more alive and comfortable with No More White Walls!